# Jeffrey R. Stowell, PhD *Curriculum Vita*

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Department of Psychology

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# EDUCATION

**Year** **Degree** **Major** **Institution**

1999 Ph.D. Psychobiology The Ohio State University

1996 M.S. Psychology Brigham Young University

1993 B.S. Psychology Brigham Young University

1989 A.A. Psychology Ricks College

# PROFESSIONAL EXPERIENCE

**Administrative Experience**

Assistant Chair Department of Psychology 2013-present

Accreditation Liaison Officer, 2015-present

**Teaching Experience**

2011 - present. Professor of Psychology, EIU.

2006 - 2011. Associate Professor of Psychology, EIU.

2000 - 2006. Assistant Professor of Psychology, EIU.

1997 - 1999. Graduate Student Instructor, OSU.

1994 - 1996. Teaching Assistant, BYU.

**Research Experience**

2000 - present. Principle investigator.

1999 - 2000. Postdoctoral researcher for Dr. Janice Kiecolt-Glaser, OSU.

1996 - 1999. Research assistant for Dr. Gary G. Berntson, OSU.

1997 - 1998. Supervisor at OSU College of Behavioral and Social Sciences Survey Research Unit.

1995 - 1996. SAS statistical analyst, Research Information Division, Corporation of the President, SLC, UT.

1994 - 1996. Research assistant for Dr. George J. Bloch, BYU.

**Research Interests**

* How behavioral responses that accompany stress, such as coping strategies, moderate stress-health relationships.
* Use of technology to facilitate student learning.

\* Denotes Undergraduate Student Author

# PUBLICATIONS - Journal articles

Stowell, J. R., W. E. Addison, & S. L. Clay. 2018. “Effects of Classroom Technology Policies on Students’ Perceptions of Instructors: What Is Your Syllabus Saying about You?” *College Teaching, 66*(2)*,* 98-103. doi:10.1080/87567555.2018.1437533.

Addison, W. E., Stowell, J. R., & Reab\*, M. D. (2015). Attributes of introductory psychology and statistics teachers: Findings from RateMyProfessors.com. *Scholarship of Teaching and Learning in Psychology, 1*(3), 229-234. doi: 10.1037/stl0000034

Stowell, J. R. (2015). Online open-book testing in face-to-face classes. *Scholarship of Teaching and Learning in Psychology, 1(1)*, 7-13. doi: 10.1037/stl0000014

Stowell, J. R. (2015). Use of clickers vs. mobile devices for classroom polling. *Computers & Education, 82*, 329-334. doi:10.1016/j.compedu.2014.12.008

Landrum, R. E., & Stowell, J. R. (2013). The reliability of student ratings of master teacher behaviors. *Teaching of Psychology, 40(3)*, 300–303. doi:10.1177/0098628313501043

Jaremka, L. M., Glaser, R., Loving, T. J., Malarkey, W. B., Stowell, J. R., & Kiecolt-Glaser, J. K. (2013). Attachment anxiety is linked to alterations in cortisol production and cellular immunity. *Psychological science, 24*(3), 272-279. doi: 10.1177/0956797612452571

Stowell, J. R., Allan, W. D., & Teoro, S. M.\* (2012). Emotions experienced by students taking online and classroom quizzes. *Journal of Educational Computing Research, 47*(1), 93-106.

Gouin, J.-P., Carter, C. S., Pournajafi-Nazarloo, H., Malarkey, W. B., Loving, T. J., Stowell, J., et al. (2012). Plasma vasopressin and interpersonal functioning. Biological Psychology, 91(2), 270-274. doi: 10.1016/j.biopsycho.2012.07.003

Stowell, J. R., Addison, W. E., & Smith, J. L. (2011). Comparison of online and classroom‐based student evaluations of instruction. *Assessment & Evaluation in Higher Education*, 1-9. doi: 10.1080/02602938.2010.545869

Gouin, J. P., Carter, C. S., Pournajafi-Nazarloo, H., Glaser, R., Malarkey, W. B., Loving, T. J., Stowell, J. R., & Kiecolt-Glaser, J. K. (2010). Marital behavior, oxytocin, vasopressin, and wound healing. *Psychoneuroendocrinology*, *35*(7), 1082-1090. doi: 10.1016/j.psyneuen.2010.01.009

Stowell, J. R., Oldham\*, T., & Bennett\*, D. (2010). Using student response systems (“clickers”) to combat conformity and shyness. *Teaching of Psychology, 37*(2), 135 - 140. doi: 10.1080/00986281003626631

Stowell, J. R., & Bennett\*, D. D. (2010). Effects of online testing on student exam performance and test anxiety. *Journal of Educational Computing Research, 42*(2), 161-171. doi: 10.2190/EC.42.2.b

Gouin, J.-P., Glaser, R., Loving, T. J., Malarkey, W. B., Stowell, J., Houts, C., et al. (2009). Attachment avoidance predicts inflammatory responses to marital conflict. *Brain, Behavior, and Immunity*, *23*(7), 898-904. doi: 10.1016/j.bbi.2008.09.016

Graham, J. E., Glaser, R., Loving, T. J., Malarkey, W. B., Stowell, J. R., & Kiecolt-Glaser, J. K. (2009). Cognitive word use during marital conflict and increases in proinflammatory cytokines. *Health Psychology, 28*(5), 621-630. doi: 10.1037/a0015208

Stowell, J. R., Hedges, D., Ghambaryan, A., Key, C., & Bloch, G. J. (2009). Validation of the Symptoms of Illness Checklist (SIC) as a tool for health psychology research. *Journal of Health Psychology, 14,* 68-77*.* doi: 10.1177/1359105308097947

Stowell, J. R., Tumminaro\*, T., & Attarwala\*, M. (2008). Moderating effects of coping on the relationship between test anxiety and negative mood. *Stress & Health, 24,* 313-321*.* doi: 10.1002/smi.1186

Stowell, J. R. & Nelson, J. M. (2007). Benefits of electronic audience response systems on student participation, learning, and emotion. *Teaching of Psychology, 34,* 253-258. doi: 10.1080/00986280701700391

Stowell, J. R. (2006). Using Peer Review in Honors Courses. *Honors in Practice*, 2, 97-100.

Kiecolt-Glaser, J. K., Loving, T. J., Stowell, J. R., Malarkey, W. B., Lemeshow, S., Dickinson, S. L., & Glaser, R. (2005). Hostile marital interactions, proinflammatory cytokine production, and wound healing. *Archives of General Psychiatry, 62*, 1377-1384. doi: 10.1001/archpsyc.62.12.1377

Bosch, J. A., De geus, E. E., Ring, C., Nieuw Amerongen, A. V., & Stowell, J. R. (2004). Academic examinations and immunity: academic stress or examination stress? [A reply to letter to the editor] *Psychosomatic medicine, 66*, 625-626.

Stowell, J. R. (2003). Use and abuse of academic examinations in stress research. *Psychosomatic Medicine, 65*, 1055-1057. doi: 10.1097/01.psy.0000097349.84109.1f

Stowell, J. R., Kiecolt-Glaser, J. K., & Glaser, R. (2001). Perceived stress and cellular immunity: when coping counts. *Journal of Behavioral Medicine, 24*(4), 323-339.

Stowell, J. R., Berntson, G. G., & Sarter, M. (2000). Attenuation of the bidirectional effects of chlordiazepoxide and FG 7142 on conditioned response suppression and associated cardiovascular reactivity by loss of cortical cholinergic inputs. *Psychopharmacology, 150*(2), 141-149.

Berntson, G. G., & Stowell, J. R. (1998). ECG artifacts and heart period variability: Don't miss a beat! *Psychophysiology, 35*, 127-132.

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# PUBLICATIONS - Book chapters

Green, B. & Stowell, J. R. (2017). How fast is your internet? An activity for teaching variance and standard deviation. In J.R. Stowell & W.E. Addison (Eds.). *Activities for Teaching Statistics and Research Methods: A Guide for Psychology Instructors.* Washington, DC: APA Books.

Stowell, J. (2017). Immune responses to stress. In A.E. Wenzel (Ed.). *The SAGE Encyclopedia of Abnormal and Clinical Psychology.* New York: Oxford University Press.

Stowell, J. (2015). Biopsychology advising. In J.G. Irons & R.L. Miller (Eds.). Academic advising: A handbook for advisors and students (Vol 2): A guide to the sub-disciplines. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/academic-advising-2015-vol2>

Stowell, J. R., Tanner\*, J., & Tomasino\*, E. (2015). Harnessing Mobile Technology for Student Assessment. In Z. Yan (Ed.), *Encyclopedia of Mobile Phone Behavior* (pp. 479-489). Hershey, PA: Information Science Reference. doi:10.4018/978-1-4666-8239-9.ch040

Stowell, J. R. (2014). Using technology effectively in the psychology classroom. In D. S. Dunn (Ed.), *The Oxford Handbook of Undergraduate Psychology Education*. New York: Oxford University Press. doi:10.1093/oxfordhb/9780199933815.013.021

Addison, W. E., & Stowell, J. R. (2012). Conducting research on student evaluations of teaching. In M. Kite (Ed.) *Evaluation of Teaching*. Society for the Teaching of Psychology e-book series.

Stowell, J. R., Robles, T. & Kane, H. (2012). Psychoneuroimmunology: Mechanisms, individual differences, and interventions In A. M. Nezu & C. M. Nezu (Eds.), *Handbook of psychology* (Vol. 9): John Wiley & Sons.

Stowell, J. R., & Allan. W. D. (2012). Cybertesting behaviors. In Z. Yan (Ed.), *Encyclopedia of Cyber Behavior*. IGI Global. doi: 10.4018/978-1-4666-0315-8.ch095

Dunn, D. S., Wilson, J. H., Freeman, J. E., & Stowell, J. R. (2011). An Overview of Best Practices for Using Technology to Improve Teaching and Learning in Psychology. In D. S. Dunn, J. C. Wilson, J. Freeman & J. R. Stowell (Eds.), *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*. New York: Oxford.

Stowell, J. R. (2011). Emerging Technologies to Improve Teaching and Learning in a Digital World. In D. S. Dunn, J. C. Wilson, J. Freeman & J. R. Stowell (Eds.), *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*. New York: Oxford.

Millis, K., Baker, S., Blakemore, J., Connington, F., Harper, Y., Hung, W.-C., Kohn, A., & Stowell, J. R. (2010). Teaching and learning in a digital world. In D. F. Halpern, B. S. Anton, L. T. J. Benjamin, B. C. Beins, C. T. Blair-Broeker, C. L. Brewer, W. Buskist, R. Hailstorks, L. Lewis, C. Rocheleau & V. Whittlesey (Eds.), *Undergraduate education in psychology: A blueprint for the future of the discipline*. Washington, DC: APA.

Stowell, J. R. (2008). Stress and Stressors. In S. F. Davis & W. Buskist (Eds.), *21st century psychology: A reference book.* (pp. 175-183): Thousand Oaks, CA: Sage.

Stowell, J. R. (2006). College Teaching: My First Few Years. In J. G. Irons, B. C. Beins, C. Burke, W. Buskist, V. Hevern & J. E. Williams (Eds.), *The Teaching of Psychology in Autobiography: Perspectives from Exemplary Psychology Teachers* (Vol. 2, pp. 108-112): Society for the Teaching of Psychology. Retrieved from: <http://teachpsych.org/ebooks/tia2006/index.php>

Stowell, J. R., McGuire, L., Robles, T., & Kiecolt-Glaser, J. K. (2003). Psychoneuroimmunology: Mechanisms, individual differences, and interventions. In A. M. Nezu, C. M. Nezu & P. A. Geller (Eds.), *Comprehensive Handbook of Psychology* (Vol. 9, pp. 75-95): John Wiley & Sons.

# Edited works

Stowell, J. R., & Addison, W. E. (Eds.). (2017). *Activities for teaching statistics and research methods: A guide for psychology instructors.* Washington, DC: APA Books.

Altman, W. S., Stein, L., & Stowell, J. R. (2015). *Essays from e-xcellence in teaching (Vol. 14)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2014/index.php>

Altman, W. S., Stein, L., & Stowell, J. R. (2014). *Essays from e-xcellence in teaching (Vol. 13)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2013/index.php>

Bubb, R., Stowell, J., & Buskist, W. (Eds.). (2014). The Teaching of Psychology in Autobiography: Perspectives from Exemplary Psychology Teachers (Vol. 5). E-book on the Society for the Teaching of Psychology website. Retrieved from <http://teachpsych.org/Default.aspx?pageId=1862868>

Holmes, J. D., Baker, S. C., & Stowell, J. R. (2013). *Essays from e-xcellence in teaching (Vol. 12)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2012/index.php>

Holmes, J. D., Baker, S. C., & Stowell, J. R. (2012). *Essays from e-xcellence in teaching (Vol. 11)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2011/index.php>

McGovern, T. V. (2012). *Faculty virtues and character strengths: Reflective exercises for sustained renewal* (J. R. Stowell, (Ed.). Society for the Teaching of Psychology.

Bubb, R., Stowell, J., & Buskist, W. (Eds.). (2011). The Teaching of Psychology in Autobiography: Perspectives from Exemplary Psychology Teachers (Vol. 4). E-book on the Society for the Teaching of Psychology (APA Division 2) website. Retrieved from <http://teachpsych.org/ebooks/tia2011/index.php>

Holmes, J. D., Baker, S. C., & Stowell, J. R. (2011). *Essays from e-xcellence in teaching (Vol. 10)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2010/index.php>

Dunn, D. S., Wilson, J. C., Freeman, J., & Stowell, J. R. (Eds.). (2011). *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*: New York: Oxford.

Keeley, J., Stowell, J., Beins, B., & Buskist, W. (Eds.). (2010). The Teaching of Psychology in Autobiography: Perspectives from Psychology’s Exemplary Teachers (Vol. 3). E-book on the Society for the Teaching of Psychology (APA Division 2) website. Retrieved from <http://teachpsych.org/ebooks/tia2010/index.php>

Meyers, S. A., & Stowell, J. R. (2010). *Essays from e-xcellence in teaching (Vol. 9)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2009/index.php>

Meyers, S. A., & Stowell, J. R. (2009). *Essays from e-xcellence in teaching (Vol. 8)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2008/index.php>

Meyers, S. A., & Stowell, J. R. (2008). *Essays from e-xcellence in teaching (Vol. 7)*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2007/index.php>

Saville, B. K., Zinn, T. E., Meyers, S. A., & Stowell, J. R. (2007). *Essays from e-xcellence in teaching (Vol. 6).* Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/ebooks/eit2006/index.php>

Howard, C., Buskist W., & Stowell, J. (2007). *The STP guide to graduate student training in the teaching of psychology, 2007.* Retrieved from the Society for the Teaching of Psychology Web site:  <http://teachpysch.org/ebooks/gst2007/gst07.php>

# Other published works

Stowell, J. R. (2019). Applying the science of learning to the classroom. In S. Baker (Ed.). *Teaching Tips: A Compendium of Conference Presentations on Teaching, 2017-18*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/ebooks/>

Stowell, J. R. (2015). *Classroom polling and peer instruction.* Noba Blog at: <http://nobaproject.com/blog/2015-05-19-classroom-polling-and-peer-instruction>

Stowell, J. R. (2013). *Learning: A five-day unit lesson plan for high school psychology teachers.* APA.

Stowell, J. R. (2012). *Psychology of Learning Syllabus.* Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/otrp/syllabi/index.php>

Stowell, J. R. & Kalat, J. W. (2007). *Test Bank for Kalat’s Biological Psychology Ninth Edition.* Belmont, CA: Wadsworth Publishing.

Stowell, J. R. & Kalat, J. W. (2004). *Test Bank for Kalat’s Biological Psychology Eighth Edition.* Belmont, CA: Wadsworth Publishing.

# PRESENTATIONS and Workshops

Stowell, J. R. (2019, August). *Find out what students know before it’s too late! Assessment strategies for Introductory Psychology.* Invited Address (Lee Gurel Lecture) at the American Psychological Association meeting, Chicago, IL.

Stowell, J. R., & Addison, W. E. (2019, February). *To online or not to online: Answers to frequently asked questions about online psychology programs.* Presentation given at the 26th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Addison, W. E. & Stowell, J. R. (2018, February). *The 7 habits of highly effective students.* Presentation given at the 25th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2018, February). *Enduring first impressions.* Teaching demonstration given at Friday Night Live: Compelling Demonstrations for the Psychology Course at the 25th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2017, October). *Applying the science of learning to the classroom.* Presentation given at the 16th Annual Conference on Teaching of Psychology, San Antonio, TX.

Stowell, J. R. & Brito, C. F. (2017, April). *Evaluation development*. Presentation given at the Personal Learning Conference, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2017, February). *In search of the perfect syllabus*. Presentation given at the 24th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Addison, W. E., & Stowell, J. R. (2016, May). *Students’ preferences for teacher attributes in introductory psychology and statistics courses: Comments from RateMyProfessors.com*. Presentation given at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL.

Stowell, J. R. (2016, May). *Technology tools for teaching: Digital distractions or innovative inventions?* Invited presentation given at the 88th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Stowell, J. R. (2016, February). *Using the science of learning to enhance teaching and learning*. Presentation given at the 23nd Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2015, February). *Difficult to teach topics in biological psychology*. Presentation given at the 22nd Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2014, August). *Teaching difficult topics in psychology*. Invited workshop by the American Psychological Association for high school psychology teachers, Washington, DC.

Addison, W. E. & Stowell, J. R. (2014, February). *Maximizing the effectiveness of student evaluations of teaching.* Presentation given at the 21st Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Puccio. P. & Stowell, J. R. (2014, February). *Treasures of APA and STP: Resources for teachers, students and the community.* Presentation given at the 21st Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2014, February). *Video clips of elements of master teaching.* Presentation given at the 21st Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Kite, M. E., Addison, W. E., Stowell, J. R., McCarthy, M. A., Basow, S. A., Wilson, J. H., & Subedi, P. C. (2013, August). *Best practices for the effective evaluation of teachers.* Presentation given in my absence at the Annual Convention of the American Psychological Association, Honolulu, HI.

Stowell, J. R. (2013, May). *Impact of personal connections with a textbook author on student attitudes and textbook reading.* Presentation given at the 85th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Stowell, J. R. (2013, February). *Educational apps: A few of my favorite things.*  Presentation given at the 20th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Addison, W. E., Komarraju, M., Landrum, E. R., Puccio, P, & Stowell, J. R. (2012, May). *The role of faculty in advancing the Principles for Quality Undergraduate Education in Psychology.* Presentation given at the 84th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Stowell, J. R. (2012, February). *Who wants to be a professor?* Presentation given at the 19th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Addison, W., Komarraju, M., Puccio, P., & Stowell, J. R. (2012, February). *How psychology teachers can promote the Principles for Quality Undergraduate Education in Psychology.* Presentation given at the 19th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2011, May). *Getting in touch with your students using student response systems (‘clickers’).* Presentation given at the 18th Annual APS-STP Teaching Institute, Washington, DC.

Addison, W. E. & Stowell, J. R. (2011, February). *The whys and hows of building rapport with students.* Presentation given at the 18th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2010, November). *Classroom response systems.* Workshop given to faculty at Midwestern University, Glendale, AZ.

Stowell, J. R. (2010, August). *Classroom response systems.* Workshop given to faculty at Midwestern University, Downer’s Grove, IL.

Stowell, J. R. (2010, April). *In search of the perfect test: Factors that influence students’ perceptions and performance on classroom and online tests*. Presentation given at the 82nd Annual meeting of the Midwestern Psychological Association, Chicago, IL.

Stowell, J. R. (2010, March). *Unveiling the secret of untold wealth on the Society for the Teaching of Psychology web site.* Presentation given at the 17th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2009, November). *Have you lost your mind?* Guest lecture given in Honors Forum, Eastern Illinois University.

Bruff, D., & Stowell, J. R. (2009, November). *Using clickers in the classroom*. Presented at the Teaching, Learning, and Technology (TLT) Group’s Online Institute.

Stowell, J. R. (2009, October). *Using debates and small group discussions to promote critical thinking and appreciation of diversity.* Presentation given at Hot Topics: Best Practices in Teaching Controversial Issues in Psychology, Atlanta, GA.

Kite, M., Beins, B., Brewer, C., Chew, S., Worrell, F. et al. (2009, August). *Advancing the Teaching of Psychology: Blueprint for the Future.* Presentation given at the annual meeting of the American Psychological Association, Toronto, Canada.

Bruff, D., & Stowell, J. R. (2009, April). *Using clickers in the classroom*. Presented at the Teaching, Learning, and Technology (TLT) Group’s Online Institute.

Millis, K. & Stowell, J. R. (2009, February). *Exploring emerging educational technologies.* Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2009, February). *Peer instruction everywhere*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2009, February). *Technology enhanced time management: Invest a little, save a lot.* Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Halpern, D. F., Shore, C., Addison, W., Stowell, J. R., Kite, M., Millis, P., & Puccio, P. (2009, February). *The National Conference on Undergraduate Education in Psychology: A blueprint for the discipline’s future*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2009, February). *Observations from the online classroom*. Presentation given at Communications Day 2009, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2009, January). *Technology-enhanced cheating*. Presentation given at the 2nd annual Online E-workshop of the Society for the Teaching of Psychology, Muncie, IN.

Stowell, J. R. (2008, October). *Empirical validation of clickers for use in opinion polling.* Presentation given at the Getting Connected: Best Practices in Technology-enhanced Teaching & Learning in Psychology, Atlanta, GA.

Stowell, J. R. (2008, October). *Emerging technologies to improve teaching and learning in a digital world.* Keynote address given at the Getting Connected: Best Practices in Technology-enhanced Teaching & Learning in Psychology, Atlanta, GA.

Stowell, J. R. (2008, August). *Overview of instructional technology at its best at EIU.* Presentation given at the New Faculty Orientation, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2008, March). *Coping with test anxiety.* Presentation given at the 15th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. & Reedy, M. J. (2008, February). *Universal design: Creating a course up-front to meet diverse learning needs.* Presentation given at the 15th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2008, February). *Correlates of student success in online courses.* Presentation given at the 6th annual Illinois Online Conference for Teaching and Learning.

Stowell, J. R. (2008, January). *The Brain.* Presentation about the brain given to 3rd grade class at Carl Sandburg Elementary School, Charleston, IL.

Stowell, J. R. (2007, November). *Things college students should know about life that aren’t found in a psychology textbook.* Presentation given to EIU Psychology Club, Charleston, IL.

Buskist, W., Smith, R., Ault, R., Hill, W., Schmidt, S. & Stowell, J. R. (2007, August). *Join Us: What Division Two (Teaching) Can do for you.* Presentation given at the annual meeting of the American Psychological Association, San Francisco, CA.

Stowell, J. R. (2007, March). *What are your students really thinking?* Presentation given at the Regional TurningPoint User Conference, Charleston, IL.

Stowell, J. R. (2007, March). *Natural Selection Goes KerPlunk!* Presentation given at the 14th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2007, January). *The Brain.* Presentation about the brain given to 2nd grade class at Carl Sandburg Elementary School, Charleston, IL.

Stowell, J. R. (2006, June). *Why Me Syndrome. Dealing with loss or change in life, recognizing depression, and stress management.* Presentation given at the Emergency Preparedness Fair, Paris, IL.

Stowell, J. R. (2006, May). *Using Student Response Systems (SRS) to connect with your students.* Presentation given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.

Stowell, J. R. (2006, May). *The Brain.* Presentation about the brain given to 3rd grade class at Carl Sandburg Elementary School, Charleston, IL.

Stowell, J. R., Sweeney, N., and Grindley, A. (2006, April). *Application of the Written Emotional Disclosure Paradigm to Test Anxiety.* Presentation given at the Rocky Mountain Psychological Association meeting, Park City, UT.

Stowell, J. R. (2006, April). *Benefits of technology-delivered continuing education courses.* Presentation given at the Continuing Education Faculty Reception, Eastern Illinois University, Charleston, IL

Stowell, J. R. (2006, March). *Virtual mental telepathy: Benefits of electronic student response systems.* Presentation given at the 13th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2006, February). *Virtual mental telepathy: Benefits of electronic student response systems.* Presentation given at the 4th Illinois Online Conference for Teaching and Learning.

Stowell, J. R. (2005, December). *Remote control students!? What were they thinking?* Presentation given at LCBAS Brown Bag Luncheon, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2005, May). *Creating FLASH Animation Objects for the Classroom and Internet in a Swish, Without FLASH.* Workshop given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.

Stowell, J. R. (2005, April). *The Brain.* Presentation about the brain given to 2nd grade class at Carl Sandburg Elementary School, Charleston, IL.

Stowell, J. R. (2005, April). *Using Database-driven Web Sites to Enhance Course Communication and Management.* Presentation given at the College of Sciences Excellence in Use of Technology Award Winner Showcase, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2005, March). *Teaching the events of the action potential through song.* Presentation given at the 12th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2005, March). *Singing, Dancing, And Salivating: How To Get Students Involved In Active Learning*. Presentation given to a Faculty Development Focus Group, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2005, February). *Using Database-driven Web Sites to Enhance Course Communication and Management.* Internet presentation given at 3rd annual Illinois Online Conference for Teaching and Learning (www.ilonlineconf.org)

Stowell, J. R. (2004, September). *Student assessment: What were they thinking?* Presentation given at a Graduate Assistantship Teaching Development Session, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2004, May). *Creating FLASH Animation Objects for the Classroom and Internet in a Swish, Without FLASH.* Workshop given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.

Stowell, J. R. (2004, March). *The psychophysiology of stress (and what you can do about it).* Presentation given March 30, 2004 to the Psychology Club, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2004, February). *Creating FLASH animation objects for the classroom in a SWISH, without FLASH*. Presentation given at the 11th Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2004, February). *Create FLASH animation with SWISH in a flash.* Presentation given at the 2nd annual Illinois Online Conference for Teaching and Learning.

Stowell, J. R. (2004, February). *The Brain.* Presentation given to 1st grade class at Carl Sandburg Elementary School, Charleston, IL.

Stowell, J. R. (2003, November). *Changes In Mood And Salivary Cortisol When Writing About The Terrorist Attacks Of 9/11*. Presentation given at Psychology Department Colloquium Series, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2003, April). *Emotional Changes Associated With Writing Personal Essays About The Terrorist Attacks Of 9/11*. Presentation given at the Rocky Mountain Psychological Association meeting, Denver, CO.

Stowell, J. R. (2003, March). *Too much stress?* Presentation given to graduate students in PE Stress Management Course, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2003, February). *The Psychology of Online Teaching.* Presentation given at the 1st annual Illinois Online Conference for Teaching and Learning.

Stowell, J. R. (2003, February). *Create FLASH with SWISH in a flash*. Presentation given at the Center for Academic Technology Support, Eastern Illinois University, Charleston, IL

Stowell, J. R. (2003, November). *The Psychology of Online Teaching.* Presentation given at the Center for Academic Technology Support, Eastern Illinois University, Charleston, IL

Stowell, J. R. (2002, September). *How to Connect Content with Reality*. Presentation given at a Graduate Assistantship Teaching Development Session, Eastern Illinois University, Charleston, IL.

Stowell, J. R. & Bloch, G. (2002., April). *The Symptoms of Illness Checklist: A relation Between Stress and Health*. Presentation given at the Rocky Mountain Psychological Association meeting, Park City, UT.

Slocum, P., & Stowell, J. R. (2001, February). *The MERLOT Project (Multimedia Educational Resources for Learning and Online Teaching*. Presentation given at the 8th Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

Stowell, J. R. (2001, January). *The Brain.* Presentation given to kindergarteners at Mark Twain Elementary School, Charleston, IL.

Stowell, J. R. (2000, September). *Everything you wanted to know about graduate school (and more).* Presentation given at a Psi Chi meeting, Eastern Illinois University, Charleston, IL.

Stowell, J. R. (2000, March). *When stress is bad for your brain and body*. Presentation given March 5, 2000 at Worthington Presbyterian Church, Worthington, OH.

Stowell, J. R., McGuire, L., & Kiecolt-Glaser, J. (2000, January). *Introduction to psychoneuroimmunology*. Presentation given to a Health Psychology class, The Ohio State University, Columbus, OH.

Stowell, J. R. (1999, April). *Anxiety and the Basal Forebrain: Effects of cholinergic lesions and benzodiazepine receptor ligands on conditioned emotional responding.* Presentation given at the College of Wooster, Wooster, OH.

Stowell, J. R. (1999, April). *Life as a graduate student*. Presentation given at the College of Wooster, Wooster, OH.

# Posters

Addison, W. E. & Stowell, J. R. (2014, August). *What students’ comments on RateMyProfessors.com reveal about their preferences for teacher attributes.* Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.

Landrum, E. R., & Stowell, J. R. (2012, May). *Student-based evidence for effective teaching: Changing Impressions*. Poster presented at the 84th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Stowell, J. R. (2011, May). *Risks of offering online open-book quizzes in face-to-face courses*. Poster presented at the 18th Annual APS-STP Teaching Institute, Washington, DC.

Batten\*, K., Hulbert\*, C., Gagnon\*, S., Goicoechea\*, C., Stowell, J. R., & Landrum, R. E. (2011, April). Teacher videos: Do first impressions predict later impressions on key teaching behaviors? Rocky Mountain Psychological Association annual convention, Salt Lake City, UT.

Hulbert\*, C., Batten\*, K., Kesler\*, J., Gintz\*, C., Stowell, J. R., & Landrum, R. E. (2011, April). Teacher videos: Normative data about student ratings of eight key teaching behaviors. Rocky Mountain Psychological Association annual convention, Salt Lake City, UT.

Stowell, J. R. (2008, August). *Assessment of the group polarization effect in classroom debates.* Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Stowell, J. R. (2007, August). *Selection of a Course Management System for Online Courses.* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Stowell, J. R., Kiecolt-Glaser, J. & Glaser, R. (2000, May). *Coping styles, perceived stress levels, and T-lymphocyte responses to mitogens.* Poster presented at PNIRS annual meeting, Cape Fear, NC.

Stowell, J. R., Berntson, G. G., & Sarter, M. (1999). Lesions of basal forebrain cholinergic neurons eliminate the modulatory effects of benzodiazepine receptor ligands on behavioral and cardiovascular reactions in an anxiogenic paradigm. *Society for Neuroscience Abstracts, 25,* 1.4.

Stowell, J. R., Sarter, M., & Berntson, G. G. (1997). Basal forebrain cholinergic neurons regulate the cardiovascular correlates of the anxiogenic effects of FG 7142 in a safety signal withdrawal paradigm. *Society for Neuroscience Abstracts, 23,* 168.4.

Bloch, G. J., Kohlert, J. G., Butler, P., Stowell, J., Huber, S., Johnson, W., Sovereign, J., Kuemmerle, N., Walden, M., Fleming, D. (1994). LHRH microinjected into the medial preoptic nucleus (MPN) increases sexual behavior in the male rat. *Society for Neuroscience Abstracts, 20,* 1227.

# sponsored Undergraduate Student research presentations

Crowne, A. (2019, April). *Subjective time perception.* Presentation given at the National Conference on Undergraduate Research, Kennesaw, GA.

Baltzell, K. (2018, April). *Stroop interference in shapes and words.* Presentation given at the 37th Annual Mid-America Undergraduate Psychology Research Conference, Eastern Illinois University, Charleston, IL.

Darnell, P. (2018, April). *Effects of gender and type of mental illness on mood.* Presentation given at the 37th Annual Mid-America Undergraduate Psychology Research Conference, Eastern Illinois University, Charleston, IL.

Jones, D. (2018, April). *Personal distance and openness to personal information disclosure.* Presentation given at the 37th Annual Mid-America Undergraduate Psychology Research Conference, Eastern Illinois University, Charleston, IL.

Nelson, R. (2018, April). *Effect of fidget spinners on auditory and visual attention.* Presentation given at the 37th Annual Mid-America Undergraduate Psychology Research Conference, Eastern Illinois University, Charleston, IL.

Nelson, R. (2018, April). *Effect of fidget spinners on auditory and visual attention.* Presentation given at the National Conference of Undergraduate Research, Edmund, OK.

Nelson, R. (2018, April). *Effect of fidget spinners on auditory and visual attention.* Poster presented at the 90th Annual meeting of the Midwestern Psychology Association, Chicago, IL.

York, D. (2018, April). *The impact of music on heart rate in exercising equines*. Presentation given at the 37th Annual Mid-America Undergraduate Psychology Research Conference, Eastern Illinois University, Charleston, IL.

Fitzgerald, C. (2017, April). *Giving and receiving altruistic behaviors.* Presentation given at the 36th Annual Mid-America Undergraduate Psychology Research Conference, University of Southern Indiana, Evansville, IN.

Brown, L. (2017, April). *Psychological functioning of patients with upper extremity injuries*. Presentation given at the 36th Annual Mid-America Undergraduate Psychology Research Conference, University of Southern Indiana, Evansville, IN.

Brown, L. (2017, March). *Psychological functioning of patients with upper extremity injuries*. Presentation given at the Student Research and Creative Discovery Conference, Eastern Illinois University, Charleston, IL.

Link. O. (2016, May). *The effects of perceived discrimination on the mental health of Latino college students*. Poster presented at the 88th Annual meeting of the Midwestern Psychology Association, Chicago, IL.

Link. O. (2016, April). *The effects of perceived discrimination on the mental health of Latino college students*. Presentation given at the 35th Annual Mid-America Undergraduate Psychology Research Conference, Earlham College, Richmond, IN.

Leid, K. (2016, April). *Attention differences in students using sensory stimulating toy in on-task activities.* Presentation given at the 35th Annual Mid-America Undergraduate Psychology Research Conference, Earlham College, Richmond, IN.

Link. O. (2016, April). *The effects of perceived discrimination on the mental health of Latino college students*. Presentation given at the Student Research and Creative Discovery Conference, Eastern Illinois University, Charleston, IL.

Leid, K. (2016, March). *Attention differences in students using sensory stimulating toy in on-task activities.* Poster presented at the Sigma Xi Poster Forum, Eastern Illinois University, Charleston, IL.

Garstkiewicz, C. (2014, May). *Effects of physical attractiveness on the perception of mental illness*. Presentation given at the Midwestern Psychological Association Meeting, Chicago, IL.

Garstkiewicz, C. (2014, April). *Effects of physical attractiveness on the perception of mental illness*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Crestview Hills, KY.

Garstkiewicz, C. (2014, April). *Effects of physical attractiveness on the perception of mental illness*. Presentation given at the National Conference on Undergraduate Research, Lexington, KY.

Garstkiewicz, C. (2014, April). *Effects of physical attractiveness on the perception of mental illness*. Presentation given at Showcase EIU, Charleston, IL.

Lamb, A., (2014, April). *Attentional effects on memory for emotional faces and events.* Presentation given at the National Conference on Undergraduate Research, Lexington, KY.

Lamb, A., (2014, April). *Attentional effects on memory for emotional faces and events.* Presentation given at Showcase EIU, Charleston, IL.

Hall, A. J. (2013, April). Comparing PTC tasters, non-tasters, and super-tasters in a cross-modal taste-music matching task. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.

Shereyk. A. L. (2013, April). The effect of facebook use on the self-esteem of undergraduate college students. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.

McCambridge, J. (2013, April). *Body shapes and attractiveness.*  Presentation given at the National Conference on Undergraduate Research, Lacrosse, WI.

Summers, C. (2013, April). *Religion and optimism on stress levels.*  Presentation given at the National Conference on Undergraduate Research, Lacrosse, WI.

Stoneking, H. B. (2012, April). *Reality television and effects on attitudes*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Stoneking, H. B. (2012, March). *Reality television and effects on attitudes.* Presentation given at the National Conference on Undergraduate Research, Ogden, UT.

Tompkins, S. (2012, April). *The perception of facial emotion.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Anderson, A. N. (2011, April). *The relationship between perceived stress and eating habits*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.

Estes, E. A. (2011, April). *The effects of aerobic exercise on memory*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.

Fernandez, W. (2011, April). *Reading comprehension of students using E-readers*. Presentation given at the Showcase EIU, Charleston, IL.

Fernandez, W. (2011, April). *Reading comprehension of students using E-readers*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.

Fernandez, W. (2011, March). *Reading comprehension of students using E-readers*. Presentation given at the National Conference on Undergraduate Research, Ithaca, NY.

Balleto, C. T. (2010, April). *The Effects of Verbal Intonation on Recall of Emotional and Non-Emotional Words.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Hussey, M. A. (2010, April). *The Effects of Gender and Face to Face vs. Online Conversations on Personal Disclosure.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Petrosino, P. M. (2010, April). *The Effects of a First Impression on a Person's Judgment.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Kercheval, J. (2009, April). *Spirituality and the Correlation of Mood and Stressful States on Life Events*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Pajak, N. L. (2009, April). *The Effects of Optimism and Satisfaction with Choice.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Rose J. (2009, April). *Effect of Alcohol Cues on Ratings of Attractiveness for Simulated Myspace Profiles.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Frederick, C. (2008, April). *Effects of subliminal auditory priming*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Crestview Hills, KY.

Jackson, J. (2008, April). *Effects of romantic relationships on GPA*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Crestview Hills, KY.

Kennedy, J. (2007, April). *Alcohol and school performance.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.

Eissler, K. (2007, April). *Time variations based on test anxiety.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.

Holder, T. R. (2007, April). *Pulling the trigger to drink.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.

Grissom, E. M. (2006, May). *Impact of Apolipoprotein E on visual learning ability.* Presentation given at the Midwestern Psychological Association meeting, Chicago, IL.

Grissom, E. M. (2006, April). *The Impact of Apolipoprotein E on visual learning ability of mice.* Presentation given at the 17th Annual Illinois Student Research Conference, Charleston, IL.

Grissom, E. M. (2006, April). *Impact of Apolipoprotein E on visual learning ability.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Haberer, T. M. (2006, April). *Effects of depression on emotional memory involving a Stroop Task.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Lampley, J. (2005, May). *Seasonality and sensitivity to phototherapy: Testing the melatonin hypothesis.* Poster presented at the Psi Chi poster session of the Midwestern Psychological Association Meeting, Chicago, IL.

Doty, M. A. (2005, April). *Storage of semantically opposite words in the brain.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Lampley, J. (2005, April). *Seasonality and phototherapy.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Thomas, K. (2005, April). *Environmental and physiological factors that influence college students' perception of stress.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.

Doty, M. (2004, April). *An analysis of Stress’s Effect on Grammar.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Lampley, J. (2004, April). *The effect of depression on short-term memory.* Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.

Fry, R. (2003, April). *Effects of OCD on heart rate and attention.* Poster presented at the Mid-America Undergraduate Psychology Research Conference, KY.

# Sponsored Graduate Student Presentations

Hobson, H. (2018, April). *Digit ratio as a predictor of risk taking and sensation seeking personality traits and behaviors.* Poster presented at the Graduate Student Exposition, Eastern Illinois University, Charleston, IL.

Ebersole, A. (2016, March). *Stress as a moderator of visual perception:Do elevated stress levels interfere with visual attention?* Posterpresented at the Sigma Xi Poster Forum, Eastern Illinois University, Charleston, IL.

# Grants

2018 Supervisor of 1 student who received Graduate Investigator Award

2017 Supervisor of 1 student who received an Undergraduate Research & Creative Activity Award

2017 Supervisor of 1 student who received the COS Scholars in Undergraduate Research at Eastern Award

2015 Supervisor of 1 student who received an Undergraduate Research & Creative Activity Award

2013 Supervisor of 2 students who received an Undergraduate Research & Creative Activity Award

2013 Increasing Distance Education in the Sciences (IDEAS)

2011 Faculty Development Grant

2010 John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction

 Consultant on Idaho Technology Incentive Grant

2008 Faculty Development Mini-grant

2005 EIU College of Sciences Small Grant

 Supervisor of student who received an Undergraduate Research & Creative Activity Award

 John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction

 Faculty development mini-grant

2004 EIU College of Sciences Small Grant

 Supervisor of student who received an Undergraduate Research & Creative Activity Award

2003 EIU College of Sciences Small Grant

 John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction

2002 EIU College of Sciences Small Grant

2001 EIU TEDE Grant for Professional Development

 EIU TEDE Grant for Technology Delivered Course

 EIU TEDE Grant for Technology Delivered Course

EIU College of Sciences Small Grant

EIU Council on Faculty Research Grant

 College of Sciences Special Projects Grant

2000 EIU Faculty Development Mini-grant

EIU Psychology Department Grant

EIU College of Sciences Small Grant

# PROFESSIONAL AFFILIATIONS

APA Division 2, Society for the Teaching of Psychology

Midwestern Psychological Association

# AWARDS & HONORS RECEIVED

EIU Achievement and Contribution Award (Balanced), 2018, 2016, 2014, 2012, 2010, 2008

College of Sciences Lawrence A. Ringenberg Award, 2018

College of Sciences Alan and Carlene Baharlou Distinguished Service Award, 2016

Psi Chi Chapter Faculty of the Year Award, 2014, 2011, 2002

Provost’s Award for Service, 2014

Nominee for the U.S. Professor of the Year Award, 2014, 2011, 2009

Office of Disability Services Faculty Appreciation Nomination, 2013

Michael R. Hoadley Instructional Technology Award, 2012

Eastern Illinois University Professor Laureate, 2012

College of Sciences Lida G. Wall Faculty Research Mentor Award, 2012

Student’s Distinguished Faculty Award (Distinguished Service), 2012

Department of Psychology Spencer-McGown-Wilson Outstanding Faculty Award, 2010, 2004

Excellence in the Use Technology (Research) Award, 2007

McGuffey Award in Humanities/Social Sciences for James Kalat’s Biological Psychology Textbook (supplement author), 2007

TurningPoint Regional Innovation Award, 2007

Society for Teaching of Psychology Early Career Teaching Award, 2006

EIU Achievement and Contribution Award (Teaching), 2006, 2005, 2004, 2003, 2001

College of Sciences Teaching Excellence Award, 2005

Excellence in the Use of Technology (Teaching) Award, 2004

Panhellenic Council Faculty/Staff of the Month Award, 2003

School of Continuing Education Outstanding Achievement in Technology Award, 2003

Distinguished Honors Faculty Award, 2002

Selected to represent IBHE at MERLOT conference, 2000

Graduate Student Awards

* Psychology 100 Area Citizenship Award, 1999
* Herbert Toops Dissertation Research Award, 1999
* Preparing Future Faculty Fellowship, 1999
* The Ohio State University Psychology Department Fellowship, 1997
* The Ohio State University Graduate Student Fellowship, 1996

# SERVICE

Professional Service

* IAI Transfer Psychology Panel 2018-present
* Executive Director, MAUPRC 2018-present
* Mid-America Undergraduate Psychology Research Conference Executive Committee 2005-2018
* Reviewer for Division 2 journal *Teaching of Psychology*, 2003-present
* Interim Vice President of Resources for Society for the Teaching of Psychology, 2017
* Consulting Editor, Division 2, journal *Teaching of Psychology*, 2013-2015
* Internet Editor for Society for the Teaching of Psychology, 2007-2015
* Participant in the National Conference on Undergraduate Education in Psychology: A Blueprint for the Discipline’s Future, sponsored by the American Psychological Association (2008)
* Ad hoc reviewer for various journals
* APA Division 2 Program Reviewer, 2001-2008

University Service

* Faculty Senate, 2010-2013, 2014-present (Vice-chair 2015-present)
* Textbook Rental Advisory Committee (2018-present)
* Accreditation Liaison Officer, 2015-present
* Academic Program Elimination Reorganization Review Committee (2019-present)
* HLC Assurance Review Committee co-chair (2017-present)
* Online Learning Board, 2013-present (co-chair 2016-present)
* Institutional Animal Care and Use Committee, 2007-present
* Presidential scholar mentor, 2013-2017
* Learning Goals Subcommittee Chair (Critical Thinking) 2015-2016
* ACA Committee Member, 2015
* Office of Disability Services Advisory Board, 2012-2014
* Eastern Illinois University NCA Self-study co-chair, 2012-2014
* Instructional Design Specialist for Online Learning Search Committee member, 2014
* Online Learning Committee, Chair, 2011-2012
* Search committee member, Director of Honors Student Affairs, 2012
* Search committee member, Assistant Vice President for Information Technology Services, 2011
* Academic Technology Advisory Committee, 2004-2012
* CATS TechNet Trainer, 2007-2009
* Council on Academic Affairs committee member, 2005-2008
* Professor Laureate Selection Committee Chair, 2008
* EIU Scholastic Bowl reader, 2008
* Faculty Mentoring Program, 2008
* Honors College Presidential Scholar Interviewer, 2006
* Distance Learning Ad-hoc Committee, 2005
* Judicial Board, 2003-2005
* WEIU Radio/TV Advisory Board, 2002-2005
* Honors Day Panelist, 2004, 2003, 2002
* University Library Advisory Board, 2000-2003
* Board of Trustees portfolio evaluator, 2003

College Service

* CLAS Lawrence A. Ringenberg Award Committee, 2019
* Alan & Carlene Baharlou Distinguished Service Award Committee, 2016-2018
* Lida G. Wall Faculty Research Mentoring Award Selection Committee Chair, 2014
* College of Sciences Technology Committee, 2005-2008
* College of Sciences Teaching Excellence Award Committee, 2006-2008
* College of Sciences Research Credit Units Committee member, 2004
* Chemical Hygiene Focus Group member, 2001-2002
* Science Fair Volunteer, 2002
* Graduate Student Investigator Award Committee, 2001

Department Service

* Biological Psychology Faculty Search Committee Chair, 2018-2019
* Cognitive Neuroscience Faculty Search Committee Chair, 2018-2019
* Clinical Psychology Faculty Search Committee member, 2017-2018
* Undergraduate Curriculum Committee, 2003-present (Chair 2006-2014, 2015-present)
* Departmental Personnel Committee, alternate 2007-2008, member 2015-2016
* Assessment committee 2006-present (Chair, 2013-present)
* Webmaster, 2003-present
* Research Methods poster judge 2000-present
* Technology/equipment committee 2008-2014
* Facilities use/planning committee 2000-2001, 2003-2005, 2013-2014
* Search committee Cognitive Neuroscience Faculty, 2013
* Psy 1879 Research committee, 2005
* Representative for TENG internet upgrade, 2003-2004
* Recorder, 2002-2004
* Equipment Committee, 2000-2003
* Enrollment Management Committee, 2000-2003